



Scottish Veterans Wellbeing Alliance

Providing spaces and
places across Scotland
where veterans and
families can connect.

The Scottish Veterans Wellbeing Alliance

The Scottish Veterans Wellbeing Alliance (SVWA) was launched in May 2022 and forms part of the two-year Armed Forces Covenant Veterans' Places, Pathways and People grant. The Alliance works across the whole of Scotland and brings together 20 plus funded partners, who provide a diverse range of services and support to Veterans and their families.

The SVWA works together to provide spaces and places across Scotland where veterans and families can connect, receive and provide support, learn new skills and benefit from activities delivered by a compassionate workforce. A tailored training and support programme is available for staff and volunteers.

Veterans, their families and the wider community are central to the delivery of our programme as we champion an open, equal and inclusive culture for all. We want to continue to build on the important move towards partnership development and working that has been seen in veterans support and care in Scotland, particularly through key partnerships such as Live Life, Positive Pathways and Unforgotten Heroes.

Together we will ensure Veterans are healthy, empowered and valued within communities, and that our services provide people the opportunities to learn and grow to their full potential in a safe and respectful environment. We celebrate our vibrant and diverse veterans' community.

To make a referral, please contact:

Richard Henderson richardhenderson@cyrenians.scot

You can find out more about the Alliance at:

www.livelifepartnership.org

Our Wellbeing Alliance partners are:

Combat Stress

Support former servicemen and women to deal with issues like post-traumatic stress disorder (PTSD), anxiety and depression. They provide specialist treatment and support for veterans from every service and conflict, focusing on those with complex mental health issues related to their military service.

Community Veterans Support

Glasgow based drop-in centre for Armed Forces Veterans and serving military personnel in the community. Offering an array of in-house support and agency referrals.

Cyrenians

Supporting Veterans and family members to improve communication, build resilience, reduce conflict and repair relationships.

Defence Medical Welfare Service

Provide a high-quality medical welfare service to those who serve the nation and the community when they are in the patient care pathway, in order to deliver capability and productivity.

Edinburgh Napier University

The Centre for Military Research, Education and Public Engagement (CMREPE) at Edinburgh Napier University is currently the only research, education, public engagement, and practice unit in Scotland dedicated to the armed forces. It is a military research Centre based in a recognised Gold Covenant University working with key military stakeholders across Scotland, the UK and internationally through various networks related to armed forces transition, mental health, and wellbeing.

Erskine

Erskine provides unrivalled support to Veterans in Scotland, through three care homes and a Veterans Village, comprising of 44 cottages, an Activities Centre, five Assisted Living Apartments and 24 Transitional Supported Apartments.

Fares4Free

Providing free transport to help Veterans and their families access essential services and combat social isolation.

Fighting with Pride

Fighting With Pride supports the health and wellbeing of LGBT+ Veterans, service personnel and their families – in particular those most impacted by the ban on LGBT+ personnel serving in the Armed Forces prior to January 2000.

Horseback UK

Using horsemanship to inspire recovery, regain self-esteem and provide a sense of purpose and community to wounded, injured and ex-military personnel.

Lothians Veterans Centre

Providing a drop-in centre, to support and advise former members of our UK Armed Forces, Reservists and their family members, who experience any form of disadvantage post service.

Rock 2 Recovery

Saving and changing the lives of military Veterans and their families affected by stress. We inspire, coach and motivate people to a better more positive future.

SAMH

Deliver a mental health and wellbeing training programme to partner organisations within the Scottish Veterans Wellbeing Alliance that meets the needs as identified.

Scottish Veterans Residences

Scottish Veterans Residences provides supported housing for former members of the UK Armed Forces who are homeless or at risk of homelessness.

Stand Easy

Stand Easy works with wounded, injured and ex-military participants and their families. Using drama to help Veterans and their families re-engage with skills already possessed, including courage, teamwork, good communication, a sense of humour and concentration. We add to this creativity, imagination and good fun.

Thistle

Thistle is a Scottish charity supporting people with long-term health conditions and disabilities to live life on their terms. This is through one-to-one support, wellbeing courses, community groups and supported physical activity.

Veterans Scotland

Veterans Scotland have contracted a highly experienced Mental Health First Aid trainer to provide training to people in the veteran's support community who have bid for places over the period of the grant.

VIP Centres

Developed by Veterans for Veterans, staffed by an alliance of clinicians and Veteran peer specialists, providing a range of support for people experiencing poor mental health and psychological problems. There are six centres across Scotland covering six health board areas – Ayrshire and Arran, Borders, Fife, Lanarkshire, Lothian and Tayside.

Walking with the Wounded

Walking With The Wounded 'WWTW' deliver employment, mental health, care coordination and volunteering programmes in collaboration with the NHS to get those who served, and their families, whether mentally, socially or physically wounded, back on their feet and making a positive contribution once more.

CAPS

This well established independent advocacy organisation are creating a collective advocacy space for veterans to have a voice about how the services they use and the communities they live in can best enable them to learn and grow to their full potential.

Defence Garden Schemes

A ten-week programme for veterans guided by trained horticultural therapy and gardening staff through a blend of practical horticultural skills, cooking their own produce, and therapeutic outcomes.

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 **THE ARMED FORCES
COVENANT FUND TRUST**